

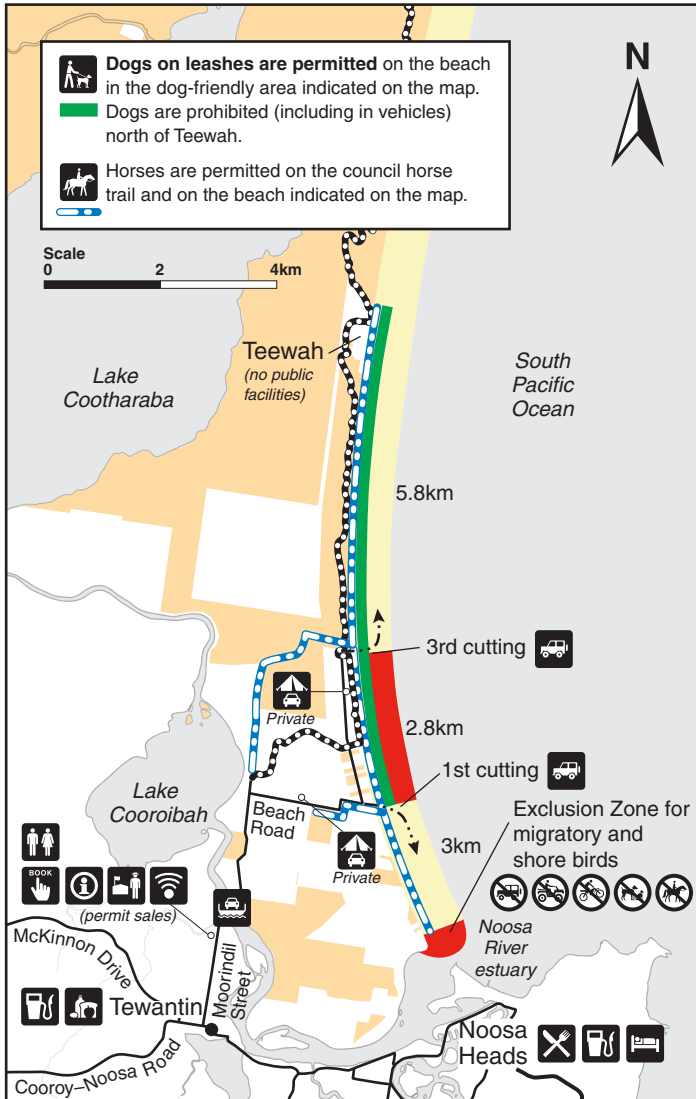
Cooloola Recreation Area, Great Sandy National Park

Vehicle access permits are required before driving on Cooloola's beaches—Noosa River estuary to Middle Rocks—and some inland 4WD roads, including Freshwater Road.

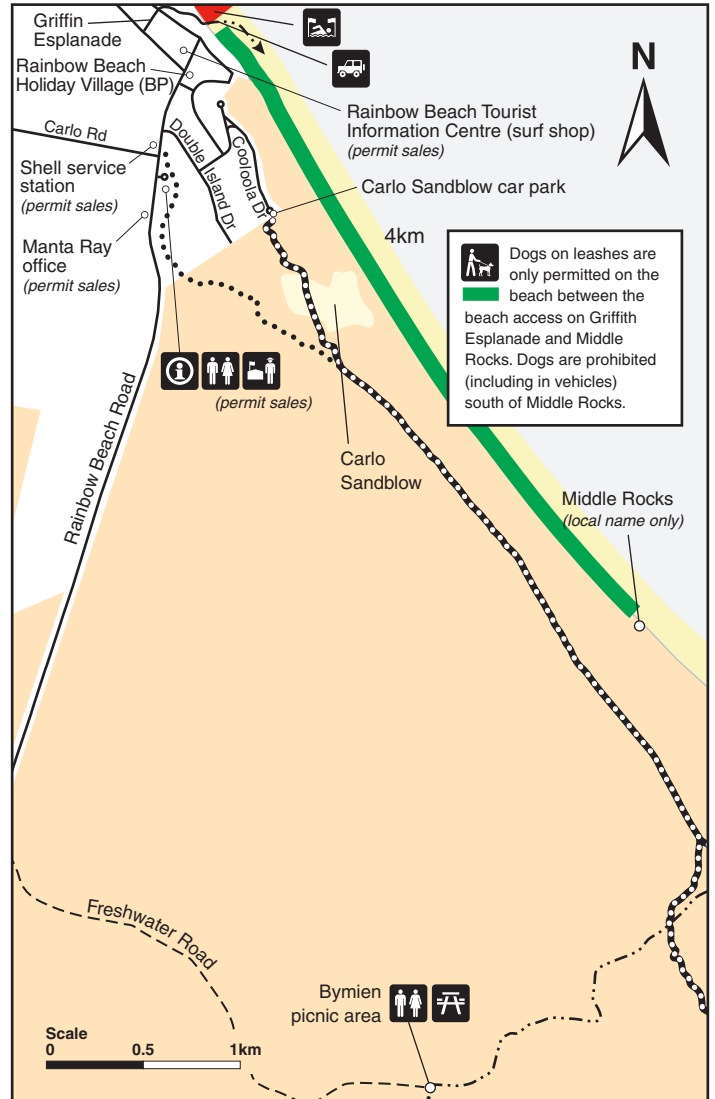
- Engage 4WD and drive to the conditions.
- Aim to traverse beaches 2 hours either side of low tide.
- Keep off fragile foredunes.
- All road rules apply. Observe all speed signs.

Warning! Exposed sand dunes and sand cliffs are unstable and may collapse without warning.
Climbing on, sliding down or digging into them is dangerous and can lead to serious injury or death.

From the south: Noosa North Shore



From the north: Rainbow Beach



Four-wheel-drives at a glance

Beach driving:

- 3rd beach cutting to Teewah Beach camping area—20km
- 3rd cutting to Double Island Point southern beach—45km
- Rainbow Beach to Double Island Point northern beach—13km

Inland sand tracks:

- Freshwater Road—15km
- Kings Bore circuit (unsigned, remote track)—40km
- Poverty Point Road—6km no through road

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|--------------------------|-----------------------|---------------------|
| Legend | QPWS office | Vehicle ferry |
| Cooloola Recreation Area | Information | No domestic animals |
| Beach | QldParksWi-fi hotspot | No horses permitted |
| No-vehicle zone | QPWS online booking | No 4WD access |
| Dog-friendly area | Toilets | No quad bikes |
| Cooloola Great Walk | 4WD beach access | No trail bikes |
| Horse trail | Picnic table | |
| Sealed road | Accommodation | |
| Unsealed road | Fuel available | |
| 4WD track | Restaurant | |
| Walking track | Patrolled Beach | |